



Newsletter


● Issue 6

● 7th June 2019

Prayer

AND I CANNOT LET
THESE TIMES TAKE
MY FAITH IN
HUMANITY AWAY
FROM ME. FOR IT
IS DURING THESE
TIMES IT IS
NEEDED MOST.

Yves Cho

 cleowade



WELCOME TO OUR NEW ASSISTANT TEACHER

Sylverius Tipungwuti



Principal's Message

We had very strong messages of **No More Violence** and **No More Bullying** this week from Charlie King AOM and Kate and Tick Everett. Charlie King, veteran ABC broadcaster, is this year's NT Senior Australian of the Year and the Everetts are NT Local Heroes. Many of you will remember that Sr Anne Gardiner was Senior Australian of the Year in 2017. Charlie talked about the way we can use sport to spread the message that domestic violence is not acceptable. He told our students to be proud Tiwis who make good decisions.

Kate and Tick Everett lost their beautiful daughter, Dolly, to suicide 16 months ago and they have been able to harness their terrible loss and turn it into something very worthwhile: an organisation called **Dolly's Dream** that works to combat bullying through teaching teenagers how to use social media appropriately.

All three speakers made a big impact on us and it was fantastic having so many community representatives join us to hear them speak. A special thanks to our very own Sr Anne who looked after Charlie, Kate and Tick on their Tiwi Tour of Honour and who continues to inspire us each day to make a difference to the lives of our wonderful young people.

Together we are very strong and can do great things!

Warm blessings,

Andrée



MESSAGES FROM THE LEADERSHIP TEAM

RELIGIOUS EDUCATION COORDINATOR

Last Thursday, MCPS and Xavier College hosted a visit from a group of Aboriginal and Islander Education Workers (AIEW) from schools in Darwin. The day's events were planned and delivered by the schools' Tiwi Leadership team. The AIEWs attended history and culture workshops, visited classrooms and met with local organisations linked to the school.



Religious Education Coordinator: Pam Brown



SACRAMENT OF CONFIRMATION



STAGE 2 RESIDENTIAL CAMP—NTSDE

Last week, Xavier's Year 12 Stage 2 class spent the week at the Northern Territory School for Distance Education in Darwin. This intensive camp allowed them to focus solely on their Year 12 studies, catching up on overdue work and completing upcoming assessments.

Raphael, Laike, Damascena and Laressa also got to spend time in the afternoon doing fun activities, such as playing sport, watching the Avengers, bowling at Kingpin and shopping at Casuarina. While this was a very tiring camp, all students displayed a fantastic attitude and gained a lot from the experience.

These students will now get the chance to visit NTSDE again in Term 3 on the completer's time.

We are very proud of all their efforts on the way to their Graduation.



STAGE 2 RESIDENTIAL CAMP—NTSDE



EMPLOYMENT PATHWAYS THURSDAY COFFEE SHOP

With the 'dry season' here what a perfect opportunity to make coffee and meet some of the tourists visiting the Island.

The Employment Pathways students have been baking, making coffees, using their good manners as they serve at the Frangipani Coffee Shop on Thursdays between 11:15am and 12:45pm.

The students have also been helping putting merchandise into the Op Shop where they have stacked books, sorted clothing and helped with a tidy up.

These students have grown in their confidence, enthusiasm, social skills and interpersonal skills over the semester. They soon will be going back on work experience where they can demonstrate to the community their 'work-ready' attitude.

We are very proud of you all. Keep up the great work.



Teacher: Yolanda Lombardo

GROWING OUR OWN AT XAVIER CATHOLIC COLLEGE

Growing Our Own (GOO) students are getting excited about teaching. Their first practicum for the year is fast approaching. On Tuesday 21 May 2019, we visited Holy Spirit in Darwin to get to know their Prac Teachers and meet the students and staff.

The three students are preparing their lessons to teach in classes at both MCPS and Xavier, as well as Holy Spirit. They are enthusiastic about developing lessons about Tiwi Culture, to ensure the students at Holy Spirit have a better understanding of what it is like to be a Tiwi student. Tammy, Rachel and Edwina begin their Practicum at Holy spirit on Friday 7 June, with a celebration day – Holy Spirit Feast Day. They will spend three weeks planning, developing lessons and teaching those lessons to the students of Holy Spirit. What an exciting time for them. We wish them every success in their adventure.

GOO Coordinator: Leila-Jean Flannery



MESSAGE FROM OUR SCHOOL PSYCHOLOGIST

We've been having some great fun down in the School Psychologist' room! Students have been learning about their brains and the science behind how and why we react to different situations. They have been working together, learning problem solving skills, developing language around emotions and engaging in games that support Executive Functions (working memory, planning, organisation, etc) all whilst having fun with friends. It's been a pleasure to see these smiling faces come to visit and learn.

The School Psychologist's room is open for XCC students on Tuesdays and Thursday's at Recess and Lunch. Students request permission through Admin to attend.

Something for at home:

It's so important to remember Bruce Perry's three R's. When our kakajuwis are upset remember to:

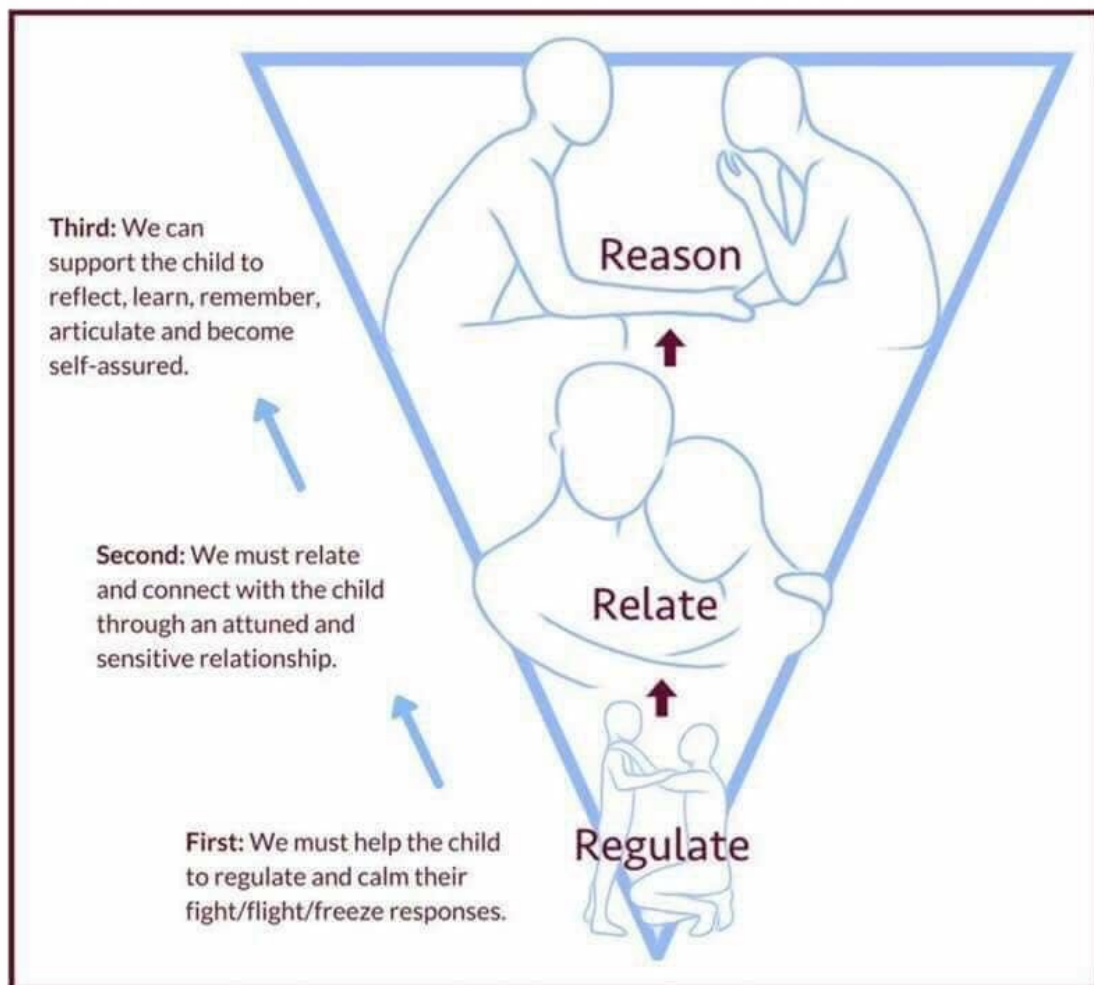
- 1) REGULATE using our own calming voice, getting to their level, helping them to calm their Flight, Fight, Freeze response
- 2) RELATE to your distressed child through sensitive relationship connection to validate/acknowledge their feelings and let them know you're a team.
- 3) REASON - once your child is calm you can support them to reflect, learn and remember. Once you've supported your child through the stages of regulate and relate they will be better able to articulate their feelings and needs and be self-assured.

School Psychologist: Victoria Gottliebsen



The Three R's: Reaching The Learning Brain

Dr Bruce Perry, a pioneering neuroscientist in the field of trauma, has shown us that to help a vulnerable child to learn, think and reflect, we need to intervene in a simple sequence.



Heading straight for the 'reasoning' part of the brain with an expectation of learning, will not work so well if the child is dysregulated and disconnected from others.

PHOTOS OF THE WEEK—THANK YOU FOR VISITING US AT XCC

Kate & Tick Everett

Ambassadors of
Dolly's Dream



Senior of the Year
Charlie King talking with
the young men of Xavier



Anthony "Walla" Tipungwuti and
Raphael "Dada", catching up at
Xavier

PHOTOS OF THE WEEK



PHOTOS OF THE WEEK



Milika providing students with a rich lesson on Tiwi Culture

